

LEADERSHIP IN TRAINING EXPANSION

Empowering the Next Generation of Community Leaders

PROGRAM OVERVIEW

The Leadership in Training (LIT) Program at Trico Centre is a youth leadership initiative designed for teens aged 13–17. Currently offered during July and August, the program equips young people with the skills, confidence, and hands-on experience needed to become future leaders in recreation programs, community initiatives, and the workforce.

Participants develop leadership abilities while supporting children's programs, mentoring younger participants, and building strong teamwork and communication skills.

TIERED LEADERSHIP DEVELOPMENT

L.I.T. 1

Participants learn core leadership skills such as leading games, communication, teamwork, and inclusion.

L.I.T. 2

Returning participants gain greater responsibility by planning activities, facilitating discussions, and supporting program leadership.

This structure encourages youth to return year after year while strengthening leadership capacity.

IMPACT ON YOUTH

Expanding the Leadership in Training program will:

- Provide year-round mentorship and support
- Help youth build confidence, resilience, and leadership skills
- Create meaningful opportunities for teens to contribute to their community
- Strengthen pathways to volunteering and employment
- Develop the next generation of recreation leaders and community mentors

What the expanded program will offer

Leadership Workshops

Communication, teamwork, facilitation skills, and conflict resolution.

Well-being & Resilience Training

Self-confidence development, stress management, and mental wellness.

Mentorship Circles

Peer and staff mentorship focused on personal growth and leadership development.

Hands-On Leadership Experience

Participants assist with children's programs, gaining real-world leadership practice.

Community Engagement Projects

Volunteer opportunities, service initiatives, and youth-led events.

Inclusivity & Cultural Awareness Training

Training that promotes inclusive leadership, cultural awareness, and positive community impact.

HOW YOU CAN MAKE THIS POSSIBLE

FUNDING WILL SUPPORT:



DEVELOPMENT
of expanded
leadership curriculum



TRAINING
workshops and leadership
modules



MENTORSHIP
and youth well-being
programming



STAFF
time required to deliver and
grow the program

YOUR IMPACT

Every donation in support of the Leadership in Training Expansion initiative will help young people build confidence, leadership skills, and a sense of belonging in our community.



MAXIMIZE YOUR IMPACT

Donations made through Rogers Birdies for Kids presented by AltaLink are eligible to be matched up to 50%, increasing the impact of every contribution.

\$50 → up to \$75 impact → Supports leadership training materials

\$100 → up to \$150 impact → Supports youth workshops

\$500 → up to \$750 impact → Supports mentorship programming

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Presented by 

Your support can help empower the next generation of leaders and allow Trico Centre to expand this program and provide youth with meaningful leadership opportunities all year long.

DONATE TODAY. [TRICOCENTRE.CA/ROGERS-BIRDIES](https://tricocentre.ca/rogers-birdies)

