



Welcome to Energy Dash!

Camp Dates: **August 18-22**

Get ready for high-energy fun in Energy Dash! This action-packed camp will have your little one running, jumping, throwing, and kicking through exciting games, sports, and open play. It's the perfect way for preschoolers to burn off energy while developing their motor skills and having a blast! Please note: Children attending preschool camps must be fully potty trained.

To have the best camp experience,

***Arrive a few mins early the first day of camp to allow for transitions.**

What to bring (label everything)

- Hat, sunscreen, and bug spray
- Water bottle
- Lunch box (nut-free snacks)
- Change of clothes and socks
- Extra bag for wet items
- Outdoor wear that is weather appropriate (we play rain or shine)

*Trico Centre is not responsible for lost or stolen items, please leave valuables and special toys at home.

Drop-off 1:00pm

- Upon arrival, go to the check-in table located on the upper level across from the pool
 - After checking in, Day Camp staff will direct you and your camper(s) to their room.
- **The check-in desk will only apply to the first day of camp.**
- Check-in will be done by the individual camp leaders in their rooms Tuesday-Friday

Special Activities:

- Storytime magic is coming to Energy Dash! On **Wednesday, August 20th** from **2:15–2:45 PM**, a special guest librarian will be visiting to share some exciting stories and spark our imaginations.

Theme Day

- Get ready to bring your game face for **Sports Fest** on **Friday, August 22nd**! Campers are encouraged to wear their favorite sports gear—jerseys, team shirts, athletic wear, or even referee stripes. Show off your sporty side and rep your favorite team or activity with pride. From headbands to face paint, let's see who can score the most spirited look of the day!

Pick-Up 4:00pm



- Please arrive at least 5 minutes before camp ends.
 - Campers will only be released to authorized pick-ups.
 - Photo identification will be required.
- Pick-up will be done directly at your child's camp room

If running late, please call (403) 815-9750 or Guest Services at (403) 278-7542.

- A minimum \$15 late fee will be charged for pick-ups past 4:15pm.
- After 30 mins, all emergency contacts will be contacted.
- After 1 hour, the relevant authorities will be notified to collect the camper.

We are looking forward to the week ahead,

Trico Day Camps Team!

dccordinator@tricocentre.ca