



Welcome to Try-Sport!

Camp Dates: **July 7-11**

This camp is all about building confidence and a love for sports! In a friendly, non-competitive setting, kids will try out a variety of sports like soccer, volleyball, basketball, and floor hockey. They'll learn the rules of each game and practice good sportsmanship. The camp also includes one swim day each week for even more fun!

To have the best camp experience,

***Arrive a few mins early the first day of camp to allow for transitions.**

What to bring (label everything)

- Hat, sunscreen, and bug spray
- Water bottle
- Lunch bag: morning snack, lunch, afternoon snack.
- *All items must be Nut free*
- *Lunches will not be available for purchase on or offsite*
- Swimsuit, sun shirt, towel, and bag for wet items **(Please bring daily)**
- Weather appropriate clothing, raincoat etc. (we explore rain or shine)
- Any medication, such as an Epi-Pen or inhaler, must always be worn in a fanny pack except for the pool.

*Trico Centre is not responsible for lost or stolen items, please leave valuables at home.

Drop-off

- Camp begins at 9:00am.
- Staggered drop off anytime between 7:30am-9:00 am.
- Upon arrival, go to the check-in table located on the upper level across from the pool viewing area.
 - After checking in, Day Camp staff will direct you and your camper(s) to their room.
 - **The check-in desk will *only* apply to the first day of camp.**
 - Check-in will be done by the individual camp leaders in their rooms Tuesday-Friday.
- Campers arriving after 9am must be accompanied by a caregiver (unless camper has been pre-approved for **self-check-in/out** to Guest Services where their camps will be notified.

Swimming

- Swimming will take place on **Tuesday, July 8th** from **1:15 PM to 2:30 PM**.
 - Please bring a swimsuit, towel, and an extra bag for wet items.

Field Trips/Special Activities:



- On **Wednesday, July 9th** from **10:00–11:30 AM**, a special guest will be joining us to teach the campers how to play **rugby**—get ready to run, pass, and play like a pro!
- On **Thursday, July 10th** from **10:00–11:30 AM**, we're off to **The Beach YYC** for a sandy morning of games and fun in the sun!

Rules Of The Beach: **Items in blue are often forgotten and can really help a day

- **Bring a small towel to clean the sand off after**
- **Bring a water bottle (not glass)**
- No Glass please as everyone is barefoot
- No gum in the gym
- No outside toys
- All personal items are to be left off the sand at the tables or in the cubbies
- Only barefoot or socks on the sand, sandals can be worn on the patio

Theme Day

- We're wrapping up the week with **Yeehaw Day** on **Friday, July 11th!** Campers are encouraged to come dressed in their best western wear, think cowboy hats, plaid shirts, bandanas, and boots (if they're comfy for camp!).

Pick-up

- Camps end at 4:00pm
- Staggered pick up anytime between 4:00-5:30 pm.
- Upon arrival, please head to the campers' designated room. This will be the same as drop off and remain for the duration of camp.
 - Individual camp leaders will sign out the camper(s).
- Camper(s) will only be released to authorized pick-ups.
- **Photo ID will be required.**
- If your camper has been pre-approved for self-sign out. Please have a designated meeting spot planned.

If running late, please call (403) 815-9750 or Guest Services at (403) 278-7542.

- A minimum \$15 late fee will be charged for pick-ups past 5:30pm.
- After 30 mins, all emergency contacts will be contacted.
- After 1 hour, the relevant authorities will be notified to collect the camper.

We are excited for the week ahead!

Trico Day Camps Team

dcordinator@tricocentre.ca

